



Compagnie des guides
SAINT-GERVAIS
LES CONTAMINES
— depuis 1864 —

43 RUE DU MONT-BLANC
74170 SAINT-GERVAIS
04 50 47 76 55

WWW.GUIDES-MONT-BLANC.COM
CONTACT@GUIDES-MONT-BLANC.COM



VALLÉE BLANCHE

The Vallée Blanche is a unique opportunity to discover the world of high mountains: its glaciers, its vastness, its grandiose panorama. The summit of the Aiguille du Midi at 3842m: here begins the "Vallée Blanche", the most famous off-piste glacier descent in Europe. With a 22 km descent to Chamonix you ski in a unique and unforgettable atmosphere. This descent is more than a classic day of skiing, it is the most exciting way to discover the high mountains.

OUR ASSETS

- For the descent to be more pleasant we recommend that you meet your guide and the other participants the night before to provide a full briefing about your outing.
- We book your cable car to avoid the queue at Aiguille du Midi.
- During the descent, our guides take the time to show you the surrounding mountains and to immortalize these magical moments.
- Depending on the temperatures, it will be possible to eat at the Requin refuge or enjoy a picnic in the sun facing the mythical peaks of the mountain range.

PROGRAM

The day before Appointment at 6.30 pm at the guides' office where you will meet your guide.

Day 1 Departure in the morning (meeting place and time are determined with the guide the day before) to take the Aiguille du Midi cable car (3842 meters): acclimatization and first photos on the terraces. With the skis on the backpack we go down the ridge in a roped party. After the first tracks, the guide chooses a route depending on the level of the group. Picnic or hot meal in the Requin refuge. Depending on the conditions, the descent continues to Chamonix by ski or via the Montenvers train down.

The guides may have to adapt the program to the weather conditions, mountain conditions and the level of the participants.

2024 DATES

From January to April depending on snow coverage.

Group sessions on Wednesday, Friday, Sunday.

Private sessions every day.

The opening date of the descent from the Aiguille du Midi depends on the placement of fixed ropes on the ridge (between early January and early February depending on snow conditions).

Before this period we can leave from Helbronner (3425m) in Italy.

For this alternative, from Chamonix, we take a bus through the Mont Blanc tunnel: the descent from the top of the Italian ski lifts joins the classic route and the Montenvers train.

PARTICIPANTS AND SUPERVISION

Maximum 6 people per guide. Children starting from 15 years old accompanied by a parent.

Group departure guaranteed from 4 to 6 registrations per guide.

Depending on mountain conditions, the number of participants per guide may be reduced.

TYPE OF SNOW

Snow conditions can vary. After a few days of good weather, the route is easier, flattened by the passage of other skiers. But after a day of bad weather, the snow can be deep.



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TECHNICAL AND PHYSICAL REQUIREMENTS

A good physical condition is required. Knowing how to turn parallel, master the snow plow and slip at an angle. A good condition is important to be able to ski the entire distance. Do not hesitate to consult us if you are unsure about the required level.

You are evolving on an unmarked high mountain route, you must be aware of the dangers associated with this activity (crevasses, serafalls, rockfalls, avalanches, very low temperatures).

LUNCH

Provide a picnic or money for lunch at the Requin refuge. The decision to picnic or eat at the refuge is made during the briefing the day before, depending on the expected temperatures and the preferences of the majority of the group.

TRANSPORTATION TO CHAMONIX

The transfer to Chamonix will be in the vehicles of the participants, the guide will organize the carpool the day before (it is customary for the clients to transport the guide). Let us know if you are not driving.

2024 RATES

Rate for the group option:

€220 /person (guaranteed departure from 4 people)

Rates for private sessions :

- 1 participant: €540
- 2 participants: €330 / person
- 3 participants: €270 / person
- 4 participants: €230 / person
- 5 participants: €210 / person
- 6 participants: €190 / person
- 7 participants: €245 / person
- 8 participants: €230 / person

The price includes

- Supervision by a mountain guide
- Chamonix Unlimited ski pass
- Harness and avalanche beacon

The price does not include

- Drinks, cereal bars and other personal expenses
- Transportation to Chamonix
- Your personal insurance
- Your skiing equipment
- Everything that isn't mentioned in « the price includes »

REGISTRATION AND PAYMENT

Using the dated and signed registration form accompanied by a 30% deposit and the amount of the optional insurance. The balance must be paid 60 days before the departure date.

INSURANCES

Being covered by repatriation insurance is mandatory to participate in our activities: it must cover you in the high mountains for helicopter search and rescue.

If you do not have repatriation insurance, we can offer it at a cost of €5 (€5/day). We also offer optional cancellation insurance at a rate of €12 (€12/day). This insurance does not take consider the sporting nature of our activities). The insurance brochures can be downloaded from our website.

RENDEZVOUS

Meeting with the guides the day before departure at the [office in Saint-Gervais \(43 rue du Mont Blanc, 74170 Saint-Gervais\)](#), at the tourist office in the centre of the village at 6.30 pm.

If you are unable to attend, please let us know, the briefing can also be done by phone.





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EQUIPMENT LIST

Provided by the guide – Please let us know if you already have one.

- ☐ Avalanche beacon
- ☐ Harness

Technical equipment

- ☐ Skis with a clean and well maintained base
- ☐ Ski poles with large washers or telescopic poles for snowboarders
- ☐ Ski boots
- ☐ Crampons for the Aiguille du Midi ridge (optional – can be rented)

Clothing and accessories

- ☐ Ski trousers and jacket
- ☐ Polar fleece or down jacket
- ☐ Technical thermal shirt and tights
- ☐ Warm waterproof ski gloves
- ☐ Hat or buff®
- ☐ Backpack with possibility to attach your skis (+/-25L)
- ☐ Thermos
- ☐ Sunscreen and lip protection
- ☐ Passport and insurance papers (unless you've subscribed our insurance)
- ☐ Cash money

Do not hesitate to contact us if you would like advice on your physical preparation, the choice of your equipment or the organization of your stay.

