



Compagnie des guides  
SAINT-GERVAIS  
LES CONTAMINES  
— Organisation —

43 RUE DU MONT-BLANC  
74170 SAINT-GERVAIS  
04 50 47 76 55

WWW.GUIDES-MONT-BLANC.COM  
CONTACT@GUIDES-MONT-BLANC.COM



## **AIGUILLES D'ENTREVES 3,600 M**

### **Climb for a day**

This ridge offers one of the best views of the French, Swiss and Italian Alps.

Interesting ridge climb where you apply rope maneuvers. Highly recommended, both from an aesthetic and technical point of view. This climb starts from the Helbronner cable car (3,462m) in Italy.



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## PROGRAM

**The previous day** Appointment at 6.30 pm at the guides' office where you will meet your guide.

### **Day 1 Aiguilles d'Entrèves**

Departing from the Helbronner cable car in Italy, we make our way over the glacier to the Entrèves pass, which leads to the top of the aiguilles of the same name. The traverse runs from the edge of the ridge through blades and ridges to the pointed gendarme (top), difficulties of III/IV. We start the descent on the other side with a small abseil and rock cracks. An easy III ridge and a chimney lead us back to the snow slope of the climbing track. Fresh snow enhances the technical character of the climb.

**The guides may have to adapt the program to the weather conditions, mountain conditions and the level of the participants.**

## 2024 DATES

Group sessions: on Sunday, all year round depending on the conditions and the opening of the cable car.  
Private sessions: every day all year round depending on the conditions and the opening of the cable car.

## PARTICIPANTS AND SUPERVISION

Max. 2 people per guide.

Guaranteed departure in group sessions from 2 subscriptions. You'll be supervised by a mountain guide.

## TECHNICAL AND PHYSICAL REQUIREMENTS

This climb requires good preparation, it is aimed at sporty people with a first successful mountaineering experience (rock climbing experience is a plus). Endurance sports for training: cycling, running, hiking with a backpack.

You will evolve on an unmarked mountain route, you must be aware of the dangers associated with this activity (glacier crevasses, serac falls, rock falls, avalanches, very low temperatures).

We are at your disposal to answer your questions.



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## 2024 RATES

### **Price of the group option:**

€340 / person (departure at 2 subscriptions)

### **Price of the private sessions:**

- 1 participant: €610
- 2 participants: €340 per person
- 3 participants: €430 per person
- 4 participants: €340 per person
- 5 participants: €390 per person

### **The price includes**

- Supervision by a mountain guide
- Mont Blanc tunnel fee
- Lift pass for Helbronner

### **The price does not include**

- Drinks, cereal bars and other personal expenses
- Lunch
- Transportation to the starting point at Entrèves (it is customary for clients to transport the guide)
- Your personal insurance
- Your hiking equipment
- Everything that isn't mentioned in « the price includes »

## REGISTRATION AND PAYMENT

Using the dated and signed registration form accompanied by a 30% deposit and the amount of the optional insurance. The balance must be paid 60 days before the departure date.

## INSURANCES

Being covered by repatriation insurance is mandatory to participate in our activities: it must cover you in the high mountains for helicopter search and rescue.

If you do not have repatriation insurance, we can offer it at a cost of €5. We also offer optional cancellation insurance at a rate of €12 (this insurance does not take into account the sporting nature of our activities).

The insurance brochures can be downloaded from our website.

## RENDEZVOUS

Meeting with the guides the day before departure at the [office in Saint-Gervais \(43 rue du Mont Blanc, 74170 Saint-Gervais\)](#), at the tourist office in the centre of the village at 6.30 pm.

If you are unable to attend, please let us know, the briefing can also be done by phone.



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## EQUIPMENT LIST

### Technical equipment

- Helmet
- 35/40-litre rucksack
- Two telescopic walking poles with washers
- Harness with locking carabiner
- Ice axe
- Gaiters
- Mountain boots with stiff soles to put crampons
- Semi-automatic crampons equipped with anti-boots

You can rent the technical equipment at:

For Saint Gervais <https://blanc-sport-saintgervais.com/>  
[www.unlimited-saintgervais.com](http://www.unlimited-saintgervais.com),

For les Contamines [www.intersport-lescontamines.com/](http://www.intersport-lescontamines.com/)

### Clothing:

- Hat and headscarf or buff®
- Thermal underwear, long and short sleeves
- Thick fleece jacket or down jacket
- Thinner fleece jacket or down jacket
- Gore-Tex® jacket or similar (an insulated ski jacket is not suitable)
- Thermal underwear tights
- Gore-Tex® trousers or similar
- Warm socks

### Essential equipment:

- Glacier sunglasses (cat. 4)
- Cap
- 2 pairs of gloves: a thin pair and a warm pair like mittens
- Sunscreen for body, face, and lips
- Thermos flask or bottle (1 L minimum) and energy bars or dried fruit
- Small personal first-aid kit (aspirin, compeed®)
- Identity papers, international health insurance papers

**Do not hesitate to contact us if you need some advice for your physical training, the selection of your equipment or the organisation of your trip.**