



Compagnie des guides
SAINT-GERVAIS
LES CONTAMINES
Organisation

43 RUE DU MONT-BLANC
74170 SAINT-GERVAIS
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SKI TOURING INTRODUCTION : TÊTE BLANCHE IN 2 DAYS (3487M)

You will discover two mythical glacial basins:
Argentière and glacier du Tour.

OUTLINE

The day before

Appointment at 6.30 pm at the guides' office.

Day 1 As the Grands Montets cable car is still closed, you go up by the Plan Joran gondola, then to Bochart and you will cross the Lognan glacier to climb to the Col de la Rachasse where you will be on the route that we usually follow.

On the Argentière glacier, we climb by sticking our skins under our skis in the direction of the Col du Passon (3028m), then we continue with the skis on the backpack and we climb a small corridor, quite steep, but often provided with steps therefore relatively easy.

From the pass, we reach the Tour basin to reach the Albert 1er refuge (3702m) where we will spend the night. Nice easy descent at the foot of the Chardonnet which will give you some ideas for summer ascents.

Day 2 Departure in the morning with skis and skins. Beautiful easy climb on the magnificent Tour glacier with a moderate slope allowing to hike as well as admire the landscape ... From Tête Blanche, a splendid view on the Trient glacier with a view on the summits Switzerland: Matterhorn, Dent Blanche ... The beginning of the famous Chamonix-Zermatt hike. Then, great descent on the village of Tour by the left bank of the glacier of the same name: one of the most beautiful of the Mont Blanc massif: 1700 m of altitude difference.

The guides could be led to change the program depending on the weather conditions, the mountains and the level of the participants.

2023 DATES

From early April to early May depending on the snow conditions.

PARTICIPANTS AND SUPERVISION

Max. 4 people per guide. Guaranteed departure in group sessions from 4 subscriptions. You'll be supervised by a mountain guide.

TECHNICAL AND PHYSICAL LEVEL

For good skiers in good physical shape. It's necessary to be able to ski all types of snow. Do not hesitate to contact us if you have any questions about the required level.

You will progress on an unmarked high-altitude mountain route, you will then have to know the dangers linked to that activity (cracks, seracfalls, rockfalls, avalanches, very low temperatures).



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2023 RATES

Price of the group option:

€420 / person

Price of the private option:

1 participant: €1160 / person

2 participants: €690 / person

3 participants: €500 / person

4 participants: €420 / person

5 participants: €580 / person

6 participants: €500 / person

The price includes:

- Supervision by a mountain guide
- half-board in the huts
- picknicks
- lift pass for the first day

The price does not include:

- drinks, cereal bars and other personal expenses
- your personal insurance
- transportation to the starting point
- your equipment
- everything that isn't mentioned in «the price includes»

Our assets: We take the bare minimum of picknicks in the backpacks, we order them in the huts. Water during the meals is included. We prefer small groups.

REGISTRATION AND PAYMENT

Using the dated and signed registration form accompanied by a 30% deposit and the amount of the optional insurance. The balance must be paid 60 days before the departure date.

INSURANCES

Being covered by repatriation insurance is mandatory to participate in our activities: it must cover you in the high mountains for helicopter search and rescue.

If you do not have repatriation insurance, we can offer it at a cost of €10 (€5/day). We also offer optional cancellation insurance at a rate of €24 (€12/day). This insurance does not take consider the sporting nature of our activities). The insurance brochures can be downloaded from our website.

RENDEZVOUS

Meeting with the guides the day before departure at the [office in Saint-Gervais \(43 rue du Mont Blanc, 74170 Saint Gervais\)](#), at the tourist office in the centre of the village at 6.30 pm.

If you are unable to attend, please let us know, the briefing can also be done by phone.

LISTE DU MATERIEL

- Hat or balaclava + polar fleece headscarf or cap for the sun ☐
- Glacier glasses and ski goggles ☐
- Modern fibre underwear top and bottom (leggings) ☐
- Fleece jacket and waterproof jacket + waterproof trousers (Gore-Tex –like) ☐
- Warm and waterproof skiing gloves + extra cover mittens on top of them ☐
- Backpack with ski-carrying feature (± 45 litres) ☐
- Light headlight ☐
- Sleeping bag liner (blankets are available in the hut) ☐
- Plastic bags to protect your belongings ☐
- Insulated drinking bottle ☐
- Small personal first-aid kit (aspirin, second skins, bandages, sunscreen, lip protection, earbuds, personal medication, toiletpaper) ☐
- Ski touring skis (in good shape) with crampons (knives) ☐
- Tourski boots. It's important to protect friction areas with Compeed and bandages from the first day on. ☐
- Tourski skins for your ski's (rounded cut at about 5cm from the tail) ☐
- Two telescopic poles with washers ☐
- Harness with locking carabiner ☐
- Crampons ☐
- Avalanche beacon, probes and shovel ☐
- Passport, insurance papers ☐

You can rent the technical equipment at : www.twinner-saint-gervais.fr and www.unlimited-saintgervais.com for Saint Gervais, www.intersport-lescontamines.com/ for Contamines.