



Compagnie des guides
SAINT-GERVAIS
LES CONTAMINES
— Organisation —

43 RUE DU MONT-BLANC
74170 SAINT-GERVAIS
04 50 47 76 55

WWW.GUIDES-MONT-BLANC.COM
CONTACT@GUIDES-MONT-BLANC.COM



FREESKI AROUND MONT-JOLY

«EVASION FACING MONT-BLANC»

Discover the wild and secret off-piste tracks and enjoy a night in a refuge
at the foot of Mont-Joly



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OUTLINE

The day before Appointment at 6.30 pm at the guides' office.

Day 1 Appointment at the departure of the lifts of Saint-Gervais. To the top of the ski area by the ski lifts and after a first descent off-piste we put on the skins to access the summit of Mont-Joly highest point of the ski area. Descent on the Planay to join the lifts of Rochebrune to go to the top of the ski area Cote 2000. We hike to the refuge of the Croix de Pierre to spend the evening and the night. Depending on the conditions the off-piste can be changed respecting the loop of the planned route. D + 375m / D- 1250m

Day 2 Departure from the Croix de Pierre refuge for an off-piste descent towards the small village of Belleville on the Hauteluce ski area. Gondola lift to the Col du Joly in Contamines. We put on the skins for a departure to Col de la Cycle. Possibility of climbing one of the three passes of the area, according to the conditions and the level of the participants. Good to know, the col de la fenêtre is the easiest, cycle is intermediate and Col des Chasseurs is the most advanced. Descent from the summit of the pass in the Bonhomme valley towards the Balme refuge and the village of Notre-Dame-de-la-Gorge Contamines. Shuttle transfer to the starting point in Saint-Gervais and debriefing with the guides of Saint-Gervais. D + 250 / D- 1750m

Les guides pourront être amenés à modifier le programme en fonction des conditions météorologiques, des conditions de la montagne et du niveau des participants.

2019 DATES

Every day from December to March depending on the conditions.

PARTICIPANTS AND SUPERVISION

Max. 6 people per guide. Guaranteed departure in group sessions from 4 subscriptions. You'll be supervised by a mountain guide.

TECHNICAL AND PHYSICAL LEVEL

For good skiers in good physical shape. Passes and summits with technical difficulties. You need to have some experience in ski touring. Do not hesitate to contact us if you have any questions about the required level.

You will progress on an unmarked high-altitude mountain route, you will then have to know the dangers linked to that activity (cracks, seracfalls, rockfalls, avalanches, very low temperatures).



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2019 RATES

Price of the group session

395€ / person (Guaranteed departure from 4 subscriptions)

Price of the private session

2 participants : 605€ / person

3 participants : 475€ / person

5 or 6 participants : 365€ / person

The price includes

- Supervision by a mountain guide
- Half board in the hut
- 2-day ski pass
- picnicks
- bus transfers

The price doesn't include

- Drinks, cereal bars and other personal expenses
- Transportation to the starting point
- Your personal insurance
- Your equipment
- Everything that isn't mentioned in « the price includes »

REGISTRATION AND PAYMENT

Thanks to the registration form dated and signed and with the 30% deposit, plus the optional insurance coverage amounts. The balance will be paid 30 days before the departure date. Having repatriation help service coverage is compulsory to attend our trips. If you do not have one, we can offer you one.

APPOINTMENTS

The appointment takes place the day before the departure at 6.30 pm at the guides' office. You can book a hotel room on the spot through us.

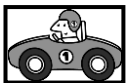
In Saint-Gervais :

The guides' office is in the tourist information centre of Saint Gervais in the centre of the village.

In Contamines :

The guides' office is in the city centre, next to the tourist information centre, in ESF premises.

To get to Saint Gervais or to Contamines :



Motorway A 40, exit 21. From the exit 21 : 6 km to Saint-Gervais, 18 km to Contamines.



Saint-Gervais/ Le Fayet train station. 4 km from Saint-Gervais city centre, 13 km from Contamines city centre. Transports by taxi or bus are possible (to be booked upfront).



Airports of Geneva (1h), Annecy-Methey (1h), Lyon Saint-Exupéry (2h). Shuttles and cabs are possible from the airports (upfront booking compulsory for the shuttles).



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LISTE DU MATERIEL

- Hat or balaclava + polar fleece headscarf or cap for the sun
- Glacier glasses and ski goggles
- Modern fibre underwear top and bottom (leggings)
- Fleece jacket and waterproof jacket + waterproof trousers (Gore-Tex –like)
- Warm and waterproof skiing gloves + extra cover mittens on top of them
- Backpack with ski-carrying feature (\pm 45 litres)
- Light headlight
- Sleeping bag liner (blankets are available in the hut)
- Plastic bags to protect your belongings
- Insulated drinking bottle
- Small personal first-aid kit (aspirin, second skins, bandages, sunscreen, lip protection, earbuds, personal medication, toilet paper)
- Ski touring skis (in good shape) with crampons (knives)
- Tourski boots. It's important to protect friction areas with Compeed and bandages from the first day on.
- Tourski skins for your ski's (rounded cut at about 5cm from the tail)
- Two telescopic poles with washers
- Harness with locking carabiner
- Crampons
- Avalanche beacon, probes and shovel
- Passport, insurance papers

You can rent the technical equipment at : www.twiner-saint-gervais.fr and www.unlimited-saintgervais.com for Saint Gervais, www.intersport-lescontamines.com/ for Contamines.