



Compagnie des guides
SAINT-GERVAIS
LES CONTAMINES
— Organisation —

43 RUE DU MONT-BLANC
74170 SAINT-GERVAIS
04 50 47 76 55

WWW.GUIDES-MONT-BLANC.COM
CONTACT@GUIDES-MONT-BLANC.COM



SKI TOURING AROUND BONATTI REFUGE ITALIAN VAL FERRET

In front of the mythical Grandes Jorasses and the southern slope of Mont-Blanc massif you will discover for 2 days the sublime routes that surround that warm Italian refuge, where the word “welcome” makes sense.

Breathtaking panoramas and Italian gastronomy will take pride of place!



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DESCRIPTIF

The previous day Appointment at 6.30 pm at the guides' office.

Day 1 You will leave Saint Gervais at 8 am to go to the Mont-Blanc tunnel and to Italy. Once arrived into Italian Val Ferret, on the other end of the tunnel, you will enjoy the unusual view on the southern slope of Mont-Blanc massif and the southern face of Grandes Jorasses. You will put on your skins to begin climbing to Bonatti refuge at 2,025 m of altitude that you will reach at 11 am. You will stop to leave some belongings and have your first cappuccino of the weekend before beginning your first hiking with the ascent of Tête Entre Deux Sauts (2,728,m). Picnic at the summit and return on skis towards your comfortable base camp where the aperitif and dinner will wait for you.

Day 2 After a typical Val d'Aoste breakfast and your umpteenth cappuccino of the weekend you will go towards Col de Malatra (2,928 m) to picnic at the summit where you will enjoy a breathtaking panorama. (Possibility to have lunch at 1 pm at the refuge when going down). From the summit a 1,500-meter descent will wait for you, alternating between harmless small valleys and very pleasant tree skiing. You will reach the depths of Val Ferret in the middle of the afternoon, your legs tired and your head full of pictures of snow-covered summits.

The guides could be led to change the program depending on the weather conditions, the mountains and the level of the participants.

2019 DATES

Weekends from early December to end of March depending on the snow conditions. Other departure possible for private groups.

PARTICIPANTS AND SUPERVISION

Max. 5 people per guide. Guaranteed departure in group sessions from 4 subscriptions. You'll be supervised by a mountain guide.

PHYSICAL AND TECHNICAL LEVEL

For good skiers in good physical shape, able to ski on all types of snow. Some experience in ski touring is recommended but not mandatory if your downhill skiing is very good. Do not hesitate to contact us if you have any questions about the required level.

You will progress on an unmarked high-altitude mountain route, you will then have to know the dangers linked to that activity (cracks, seracfalls, rockfalls, avalanches, very low temperatures).



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2019 RATES

Price of the group option:

330€ / person (guaranteed departure from 3 subscriptions)

Price of the private option:

2 participants : 520€ / person

4 participants : 330€ / person

5 participants : 290€ / person

The price includes:

- Supervision by a mountain guide
- half-board in the hut
- picnicks
- Mont-Blanc tunnel fee

The price doesn't include

- drinks, cereal bars and other personal expenses
- your personal insurance
- transportation to the starting point
- your equipment
- everything that isn't mentioned in « the price includes »

Our assets: We take the bare minimum of picnicks in the backpacks, we order them in the huts. Water during the meals is included. We prefer small groups.

REGISTRATION AND PAYMENT

Thanks to the registration form dated and signed and with the 30% deposit, plus the optional insurance coverage amounts. The balance will be paid 30 days before the departure date. Having repatriation help service coverage is compulsory to attend our trips. If you do not have one, we can offer you one.

APPOINTMENTS

The appointment takes place the day before the departure at 6.30 pm at the guides' office. You can book a hotel room on the spot through us.

In Saint-Gervais :

The guides' office is in the tourist information centre of Saint Gervais in the centre of the village.

In Contamines :

The guides' office is in the city centre, next to the tourist information centre, in ESF premises.

To get to Saint Gervais or to Contamines :



Motorway A 40, exit 21. From the exit 21 : 6 km to Saint-Gervais, 18 km to Contamines.



Saint-Gervais/ Le Fayet train station. 4 km from Saint-Gervais city centre, 13 km from Contamines city centre. Transports by taxi or bus are possible (to be booked upfront).



Airports of Geneva (1h), Annecy-Methey (1h), Lyon Saint-Exupéry (2h). Shuttles and cabs are possible from the airports (upfront booking compulsory for the shuttles).



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EQUIPMENT LIST

- Hat or balaclava + polar fleece headscarf or cap for the sun
- Glacier glasses and ski goggles
- Modern fibre underwear top and bottom (leggings)
- Fleece jacket and waterproof jacket + waterproof trousers (Gore-Tex –like)
- Warm and waterproof skiing gloves + extra cover mittens on top of them
- Backpack with ski-carrying feature (\pm 45 litres)
- Light headlight
- Sleeping bag liner and emergency blanket (regular blankets are available in the hut)
- Plastic bags to protect your belongings
- Insulated drinking bottle
- Passport, insurance card, health insurance card, cash money
- Small personal first-aid kit (aspirin, second skins, bandages, sunscreen, lip protection, earbuds, personal medication, toilet paper)
- Ski touring skis (in good shape) with crampons (knives)
- Tourski boots. It's important to protect friction areas with Compeed and bandages from the first day on.
- Tourski skins for your ski's (rounded cut at about 5cm from the tail)
- Two telescopic poles with washers
- Wax (OXO) and glue (Colle Tex) to re-glue your skins
- Harness with locking carabiner and crampons
- Avalanche beacon, probes and shovel

You can rent the technical equipment at : www.twinner-saint-gervais.fr and www.unlimited-saintgervais.com for Saint Gervais, www.intersport-lescontamines.com/ for Contamines.