



Compagnie des guides  
SAINT-GERVAIS  
LES CONTAMINES  
— depuis 1864 —

43 RUE DU MONT-BLANC  
74170 SAINT-GERVAIS  
04 50 47 76 55

WWW.GUIDES-MONT-BLANC.COM  
CONTACT@GUIDES-MONT-BLANC.COM



## DESCENT OF THE VALLEE BLANCHE

Going down Vallée Blanche is a unique opportunity to discover the high-altitude mountain world, its glaciers and its immensity. A spectacular panorama...

**Aiguille du Midi, 3,842 m, a breathtaking view.**

"Vallée Blanche", the most famous glacial off-piste descent in Europe, begins there. With its 22 km-descent to Chamonix you will go skiing in a unique and unforgettable atmosphere.

More than a classic day of skiing, that route is the most gripping way to discover the high-altitude mountain world.



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## OUTLINE

**The day before** Appointment at 6.30 pm at the guides' office for a briefing

**Day 1** **Classic route:** From Aiguille du Midi (3,842 m), a breathtaking view. "Vallée Blanche", the most famous glacial off-piste descent in Europe, begins there with its 20 km-descent to Chamonix in a unique and unforgettable atmosphere. Intended for good skiers with variants for experts : from the most panoramic classic descent with the steeper "Rognon" variant to the more technical routes of Envers du Plan glacier.

**We have cable cars reserved for Aiguille du Midi.**

**The guides could be led to change the program depending on the weather conditions, the mountains and the level of the participants.**

## 2019 DATES

From January to April depending on snow coverage.

## SUPERVISION AND PARTICIPANTS

6 people maxi per guide. Guaranteed departure from 4 people. You will be supervised by a mountain guide. The number of participants per guide can be revised downwards depending on the conditions.

## TYPE OF SNOW

The snow conditions can vary. After some sunny days the route is easier, packed by skiers. After a day of bad weather the snow can be deep.

## TECHNICAL AND PHYSICAL LEVEL

You will be asked to have a good physical condition, to be able to make parallel turns, to master the snowplough technique and the bias slip. You will have to be fit to be able to go skiing over the whole distance. Please do not hesitate to contact us should you have a doubt on the required level.

You will progress on an unmarked high-altitude mountain route, you will then have to know the dangers linked to that activity (cracks, seracfalls, rockfalls, avalanches, very low temperatures).

## LUNCH

Please bring a picnic in a small rucksack. You will be able to stop at the halfway point at Requin refuge (drinks and meal).

## TRANSPORT TO CHAMONIX

The transport to Chamonix will be made with the participants' own cars.



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## 2019 RATES

### **Rate for the group option:**

165 €/person (guaranteed departure from 4 people)

### **Rate for private sessions :**

2 participants : 255€ / person

3 participants : 205€ / person

4 participants : 165€ / person

5 participants : 150€ / person

6 participants : 135€ / person

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### **The price includes :**

- The supervision by a mountain guide
- The Unlimited ski pass
- The rental of the DVA (Avalanche Victim Detector) and the harness

### **The price does not include :**

- Lunch or picnic
- Your personal insurance
- Your ski equipment
- The transport
- Everything that is not mentioned in "the price includes"

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## OUR ADVANTAGE

Small groups for a maximum of comfort.

## INSCRIPTION ET REGLEMENT

Thanks to the registration form dated and signed and with the 30% deposit, plus the optional insurance coverage amounts. The balance will be paid 30 days before the departure date. Having repatriation help service coverage is compulsory to attend our trips. If you do not have one, we can offer you one.



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## APPOINTMENTS

The appointment takes place the day before the departure at 6.30 pm at the guides' office. You can book a hotel room on the spot through us.

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### **In Saint-Gervais :**

The guides' office is in the tourist information centre of Saint Gervais in the centre of the village.

### **In Contamines :**

The guides' office is in the city centre, next to the tourist information centre, in ESF premises.

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To get to Saint Gervais or to Contamines :



Motorway A 40, exit 21. From the exit 21 : 6 km to Saint-Gervais, 18 km to Contamines.



Saint-Gervais/ Le Fayet train station. 4 km from Saint-Gervais city centre, 13 km from Contamines city centre. Transports by taxi or bus are possible (to be booked upfront).



Airports of Geneva (1h), Annecy-Methey (1h), Lyon Saint-Exupéry (2h). Shuttles and cabs are possible from the airports (upfront booking compulsory for the shuttles).



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## LIST OF THE EQUIPMENT

Hat (+ Buff) and scarf or cap for the sun	<input type="checkbox"/>
Glacier sunglasses and ski mask	<input type="checkbox"/>
Warm technical shirt	<input type="checkbox"/>
Fleece vest and waterproof trousers (Gore-Tex)	<input type="checkbox"/>
Warm and waterproof skiing gloves + a back-up pair	<input type="checkbox"/>
Backpack (± 25 litres)	<input type="checkbox"/>
In a waterproof bag : passport, insurance papers, cash.	<input type="checkbox"/>
Thermos flask	<input type="checkbox"/>
Personal pharmacy : Bandages, second-skin, sunscreen, lip screen, aspirin personal medications.	<input type="checkbox"/>
Plastic bags for protection for your belongings	<input type="checkbox"/>
Survival blanket	<input type="checkbox"/>
Your skis (in good shape)	<input type="checkbox"/>
Ski poles with large rings	<input type="checkbox"/>
Ski boots	<input type="checkbox"/>
Avalanche beacon, probes and shovel	included

To rent your equipment: [www.twiner-saint-gervais.fr](http://www.twiner-saint-gervais.fr) and [www.unlimited-saintgervais.com](http://www.unlimited-saintgervais.com) for Saint Gervais, [www.intersport-lescontamines.com/](http://www.intersport-lescontamines.com/) for les Contamines.